

Safely Working at Heights (RIIWHS204D)



Aim	This course is designed to equip individuals with the skill and knowledge to work safely at heights and depths. The requirements of the National Code of Practice and AS 1891 series are facilitated in addition to the unit of competence issued under The Australian National Training Authority.
Descriptor	This unit covers working safely at heights in resources and infrastructure industries. It includes: identifying the work requirements, work procedures and instructions for the task; accessing and installing equipment; performing work at heights; and cleaning up the work area.
Duration	One day duration as a minimum, though depending upon specific requirements of clients, the unique workplace / tasks conducted this may necessitate additional time to acquire the skills and knowledge.
Accreditation	RIIWHS204D
Course Size	10 participants with one trainer.
WHS Compliance	The primary document for this course will be AS1891.4 and The National Code of Practice–Managing the Risk of Falls at Workplaces <ul style="list-style-type: none"> •W.H&S Regulation 2017 •W.H&S Act 2011
Course Content	<ol style="list-style-type: none"> 1. Legislative Requirements 2. Fall Forces and Dynamics 3. Risk Management ISO 31000 4. Control Measures: <ol style="list-style-type: none"> a. Working from the ground or a solid construction b. Fall prevention devices c. Work positioning Systems d. Fall Arrest Systems e. Ladders f. Administrative controls 5. Emergency Procedures 6. Anchorages 7. Orthostatic Intolerance–Suspension Trauma 8. Connectors / Attachment Hardware 9. Body Support–Full Body Harnesses 10. Permits and Safe Work Method Statements 11. Emergency Retrieval, Evacuation and Rescue Equipment 12. Inspection and pre-operational checks of Fall Prevention Equipment